

Sleeping habits

Polecenie:

- przeczytaj uważnie tekst
- przetłumacz i zapisz nowe słowa w zeszycie
- naucz się ich

People of different ages from around the UK emailed us about their sleeping habits, one of them:

I have a strange habit of falling asleep when I watch the television and it usually happens when I am watching something I am really interested in! The television seems to hypnotise me and I doze off really easily. Then when I go upstairs to bed I find I can't sleep and I usually listen to the radio for hours and hours during the night.

Philip, aged 64

Vocabulary:

falling asleep - zasypianie

interested in - zainteresowany

doze off - zasnąć

easily - łatwo

upstairs - na górę po schodach

**listen to the radio for hours - słuchaj radia
godzinami**

during the night - w ciągu nocy

Zadanie dla Adriana i Dawida

Opracowała, Svitlana Pavlenko

