



Read the article on how teens in the UK spend their free time.  
Which activities keep British teenagers the busiest?

**NEWS** **SPORT** **CULTURE** **LIFESTYLE**

## TWO THIRDS OF BRITISH TEENS SPEND THEIR FREE TIME IN THEIR BEDROOMS

A study carried out among 1,000 British teenagers showed that the majority prefer to spend their free time in their bedrooms (66 per cent). The group of 14 to 16-years-olds were also asked which three free-time activities they spend most time on. The most popular activity turned out to be online gaming and socialising (both totalled 44 per cent of the teens). Socialising with friends is also popular (33 per cent), while playing a sport and having a part-time job are much less popular (both 8 per cent). However, the survey also shows interesting differences between how girls and boys spend their free time online. Girls' number one activity is socialising with friends (53 per cent) compared with 37 percent of boys. Online gaming, on the other hand, is the number one activity for 57 percent of boys but only 29 percent of girls.

Some psychologists and teachers believe that teenagers should spend their free time outside of both home and the school, developing their social skills and behaviours. On the other hand, one of the reasons why so many British teenagers choose to spend their free time glued to their screen may be money. In the survey, 71 percent of teenagers said that



they simply can't afford to spend their leisure time in the way they would like to. That is why some psychologists think that teenagers should have more facilities which would give them greater opportunities to spend their free time.

carried out among 1,000 British teenagers - **przeprowadzony wśród 1000 brytyjskich nastolatków**

majority - **większość**

they spend most time on - **spędzają najwięcej czasu**

turned out - **okazało się**

socialising - **nawiązać stosunki towarzyskie**

a part-time job - **praca na pół etatu**

the survey - **ankieta**

on the other hand - **z drugiej strony**

developing their social skills - **rozwijanie umiejętności społecznych**

glued to their screen - **przyklejone do ekranu**

can't afford to spend their leisure time - **nie stać ich na spędzanie wolnego czasu**

more facilities which would give them greater opportunities - **więcej udogodnień, które dałyby im większe możliwości**



Opracowała, Svitlana Pavlenko

